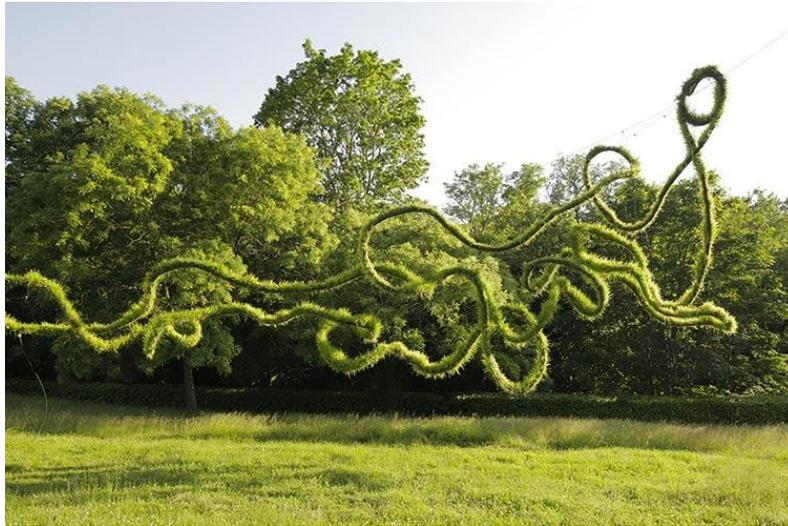


New Beginnings...Creative Unfoldings

Continuum with Linda Rabin

June 30 – July 2, 2017

in Klosterneuburg / Vienna



This is a time in the world where we are being asked to move with change in unexpected, and at times, unpredictable ways. In response to this world climate I am proposing to return to the basics of this practice - the sensation of breath, the vibrational power of sound and the sheer pleasure of being fluid movement. With slowing down and paying attention to our felt-sense, we deepen presence and our ability to move with change.

As with all creative processes, germination to blossoming develops in its proper time and individual way. Paying attention to the uniqueness of each moment brings awareness to the continuous opening of possibility. The practice of breaths, vocalized sounds and fluid movement stimulates the creative and innovative unfolding of our organism. We emerge feeling nourished, revitalized and inspired, ready to engage in the world with renewed energy.

Linda Rabin brings to Continuum more than 40 years of experience in the field of movement. A choreographer and dance teacher in her earlier professional life, she turned to somatic education in the 1990's to become a certified practitioner of Body-Mind Centering® and an authorized teacher of Continuum. As an international Continuum workshop leader, Linda teaches in her native Montreal, in Canada and Europe. She shares her life's passion with people from all walks of life: movement both as art and healing, as a way of life knowledge and spiritual practice. For fuller bio: <http://lindarabin.com/bio/>

The workshop is suitable for people **with previous Continuum experience**.

Language: the seminar will be in English.

When: June 30 to July 2, 2017

Seminar times are Friday to Sunday from 9:30 am until 5 pm.

Where: 3400 Klosterneuburg, Buchkammerl 11 (next to Vienna)



The seminar place

Costs: € 300,-

Registration:

Miriam Mandelbaum:

Mail: miriam@feldenkrais-vienna.at

Kitty Karner-Lauber:

Tel: 0043 (0)2243 21222 or 0043 (0)664 510 2210

Mail: k.karner-lauber@aon.at

If you want to register for the seminar or have any questions, please contact us. We will send you a registration form and detailed information.



Linda Rabin